



High Seas Expedition
Information for Participants with Food Allergies

Each day during our VBS voyage we will offer a snack. Listed below are the ingredients for each day. If your child is unable to eat the daily snack due to its ingredients, please send in a snack for him or her to have. ***ALL SNACKS SENT IN SHOULD BE BAGGED AND LABELED WITH YOUR CHILD'S NAME, GRADE, and GROUP ASSIGNMENT.*** Example: Lucas Jones, Kindergarten, Blue Salty 1.

In addition to the snack we will be offering a drink each day. Monday we will be serving a 100% juice blend; the remainder of the week will be lemonade. Water is offered as an alternative each day.

Please drop off your child's labeled snack in the ENTRY each morning. A staff member will take it to the kitchen for you. Our kitchen staff will have a list of all children with food allergies.

Please speak with the director, Jennifer Bloss, if you have any further questions or concerns. We want your child to have a safe, fun experience during our voyage!

Ingredients by Day:

Please note that brands may vary unless a specific brand is noted

Monday - square pretzels, M & M's, mini-marshmallows, Honey Nut Cheerios cereal, Pringles Wheat Stix

Tuesday - Blue corn tortilla chips, ranch dip, cheddar cheese slice

Wednesday - Blue gelatin, Cool Whip, gummy worms

Thursday - Chocolate graham cracker crumbs, cherry pie filling, Cool Whip

Friday - canned pineapple chunks, canned mandarin oranges, red seedless grapes, bananas

